



LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
138	MERILLAS MOLEDO Manuel	TIERRA TRAGAME	1	3:54:22	3:54:21	1	2:32:35	1 A	
190	GONZALEZ GUTIERREZ Ramon	GRUPO DE MONTAÑA ORZA	2	4:12:45	4:12:44	2	2:45:44	1 B	
16	DIEZ RABAGO Manuel	PICO TRESMARES	3	4:14:21	4:14:19	3	2:46:53	2 B	
172	WHITE David	CLUB ATLETICO LAREDO	4	4:22:08	4:22:08	4	2:54:27	3 B	
117	GONZALEZ DIAZ Fernando	ARISTA	5	4:33:41	4:33:32	6	2:59:46	4 B	
329	COPETE MARTINEZ Javier	LUGONES TRAIL	6	4:41:25	4:41:19	9	3:04:00	5 B	
5	BALBAS GUTIERREZ Leopoldo	AVIENTU CENTENO	7	4:42:54	4:42:52	10	3:05:52	2 A	
204	COTERA GONZALO Diego	GDM CABRALES	8	4:45:39	4:45:36	7	3:03:45	3 A	
306	GARCIA-PARDO COSSIO Luis	CLUB DUATLON POLANCO	9	4:46:10	4:46:10	8	3:03:52	6 B	
396	ABLANEDO RODRIGUEZ Daniel	ALPINO LUGONES	10	4:46:48	4:46:45	14	3:11:01	7 B	
147	AIZPURU SANTESTEBAN Unai	ALPINO UZTURRE	11	4:47:06	4:46:58	18	3:13:42	4 A	
287	GOMEZ GONZALEZ Marcos	DESATASCOS DEL NORTE	12	4:50:41	4:50:39	12	3:10:43	5 A	
9	BUERES CUETO Ernesto	AVIENTU CENTENO	13	4:51:11	4:51:09	15	3:12:21	1 C	
186	OBESO DIEZ Mario	SAJA-NANSA	14	4:51:19	4:51:16	16	3:12:41	8 B	
397	GOMEZ IRIBERRI Alejandro		15	4:52:53	4:52:49	19	3:14:09	6 A	
134	VELARDE AIZCORBE Josu	LIEBANA	16	4:57:34	4:57:13	22	3:16:33	9 B	
26	BUENO FERNANDEZ Ramon	RUILOBA	17	5:00:18	4:59:50	17	3:13:02	10 B	
60	LOPEZ MORGADO Iban	PAGOETA	18	5:01:58	5:01:20	28	3:23:00	11 B	
87	VEGA ETXANIZ Ibon	C.D.EIBAR	18	5:01:58	5:01:35	24	3:20:44	12 B	
274	VEGA SUAREZ Saul	VILLA DE CABEZON	20	5:04:02	5:03:58	23	3:17:23	7 A	
56	CASTAÑEDA COLIO Jose Manuel		21	5:08:01	5:07:55	11	3:07:16	8 A	
149	TORRE HIERRO Alejandro	GM LAVALLE	22	5:11:11	5:10:46	26	3:21:28	13 B	
135	GARCIA RODRIGUEZ Julio Cesar		23	5:11:39	5:11:24	25	3:20:45	14 B	
410	SANCHEZ BUSTARA Alberto		24	5:12:42	5:12:28	35	3:28:06	9 A	
183	AZPIAZU PALOMERA Alfonso		25	5:12:50	5:12:34	33	3:25:16	10 A	
281	VIELBA GOMEZ Jose Angel	INDEPENDIENTE	26	5:13:46	5:13:42	34	3:25:32	15 B	
163	DE LA SEN CASTAÑEDA Tomas	BUELNA MTB/ORZA	27	5:15:29	5:15:15	36	3:28:54	11 A	
221	IGLESIAS MARTINEZ Francisco		28	5:17:01	5:16:58	21	3:15:30	2 C	
61	GOMEZ FERNANDEZ Fernando	AGRUPACION DEPORTIVA ALTAI	29	5:17:14	5:17:12	29	3:24:40	12 A	
13	RUBIO SOLAR Pablo		30	5:19:06	5:18:50	45	3:32:53	13 A	
326	CASTANEDO CASANUEVA Juan		31	5:21:18	5:21:04	38	3:30:16	14 A	
179	SERNA VALLEJO Santiago		32	5:21:55	5:21:51	37	3:29:59	16 B	
336	GARMILLA EZQUERRA Pablo		33	5:24:23	5:24:13	31	3:24:58	15 A	
146	VEGA HERNANDEZ Fernando		34	5:25:25	5:25:20	27	3:21:34	16 A	
248	MARTIN GOMEZ David	CLUB DE MONTAÑA ASTILLERO	35	5:26:00	5:25:42	42	3:31:47	17 A	
85	FERNANDEZ VALENTE Raul	C.D. EIBAR	35	5:26:00	5:25:33	44	3:32:43	17 B	
251	CALVO CABALLER Alvaro	LIBRE	37	5:26:21	5:26:18	51	3:36:36	18 A	





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Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
379	BESYO PRADOS Sergio	TORRE DEL FRIERO	38	5:26:38	5:25:57	43	3:31:56	19 A	
250	RUIZ FUENTE Jose Antonio		39	5:26:42	5:26:20	39	3:31:10	18 B	
334	RODRIGUEZ SAN PEDRO Eloy	ATLETISMO LIENCRES	40	5:27:40	5:27:34	46	3:33:11	19 B	
237	COUSIDO GONZALEZ Marcos	AVIENTU CENTENO	41	5:29:57	5:29:51	48	3:34:49	20 B	
222	IGLESIAS MARTINEZ Elias		42	5:30:15	5:30:07	30	3:24:51	3 C	
407	ELOSEGUI Leire	CLUB VASCO CAMPING	43	5:34:50	5:34:37	60	3:39:54	1 F	M
74	CRESPO AJA Francisco		44	5:34:53	5:34:52	54	3:38:46	21 B	
58	RUIZ FUENTEVILLA Oscar	INTERVALS RUNNERS	45	5:37:14	5:37:14	113	4:00:17	22 B	
129	FERNANDEZ CARRERA Carlos	RAIDLIGHT	46	5:37:21	5:37:18	65	3:40:39	23 B	
368	HOMPANERA DIEZ Gonzalo	C.D CORRECAMINOS	47	5:37:45	5:37:09	59	3:39:46	24 B	
395	SAINZ DE ROZAS SCHUELZ Javier		48	5:38:01	5:37:48	53	3:38:39	25 B	
113	PEREZ NESTAR Raul	REINOSA	49	5:39:26	5:39:11	41	3:31:46	20 A	
366	PELAEZ RODRIGUEZ Javier	AVIENTU	50	5:40:12	5:39:38	85	3:48:14	26 B	
300	PIRIZ MATO Alejandro	RAIDLIGHT TEAM	51	5:40:31	5:40:05	69	3:41:33	27 B	
408	BORRAJO DEL RIO Fernando	42.195	51	5:40:31	5:40:30	55	3:38:48	4 C	
262	LAMADRID DE DIOS Alvaro		53	5:40:32	5:40:24	81	3:45:55	21 A	
291	GUTIERREZ FERNANDEZ Jose Luis	C.M LA BRAÑA	54	5:41:33	5:41:32	65	3:40:39	22 A	
31	CALLEJO COLIO Julio		55	5:41:35	5:41:28	52	3:38:36	23 A	
298	FERNANDEZ NUÑEZ Javier	GRUPO DE MONTAÑA ORZA	56	5:42:00	5:41:23	83	3:46:18	24 A	
258	PEDREJON ORTEGA Antonio	Ferm C.D.CORRECAMINOS	57	5:42:07	5:41:28	57	3:39:33	28 B	
53	ALONSO LORENZANA Javier	INTELLIGENT INTERVAL	58	5:42:17	5:42:17	114	4:00:18	25 A	
72	LAKA ZELAIA Iñaki	KOAXI	59	5:43:12	5:43:05	58	3:39:36	26 A	
246	POSADA RUIZ Cecilio	CLUB ATLETISMO VILLA DE CABEZON	60	5:43:15	5:42:34	70	3:42:35	1 D	
313	DE PEDRO GONZALEZ Marcos		61	5:43:57	5:43:31			27 A	
288	GONZALEZ LABRADOR Francisco	Ji G.M. ORZA	62	5:44:07	5:43:53	76	3:44:40	29 B	
325	GIL ALVAREZ Juan Miguel	BRAÑA	63	5:44:20	5:44:03	73	3:44:38	30 B	
184	MACHO PEREZ Francisco Javier	UDIAS	64	5:44:44	5:44:39	68	3:41:08	28 A	
339	MARTINEZ ZUBIZARRETA Manuel	INDEPENDIENTE	65	5:44:59	5:44:39	72	3:43:48	31 B	
202	DE LA FUENTE LANDERAS Alvaro		66	5:46:04	5:45:42	50	3:35:31	32 B	
225	ARTO HOYOS Javier	G.M. SIEMPRE SEJOS	67	5:46:09	5:46:09	93	3:52:41	33 B	
355	FERNANDEZ CRUZ Santos	ATLETICO POLANCO	68	5:46:24	5:46:20	62	3:40:18	5 C	
233	PEREZ GONZALEZ Antonio		69	5:46:48	5:46:42	71	3:43:07	6 C	
199	RODRIGUEZ CUEVAS Francisco	LIEBANA	70	5:47:15	5:46:50	56	3:39:31	29 A	
229	SALAS PEREZ Roberto		71	5:47:18	5:46:55	75	3:44:39	30 A	
12	MARTINEZ MAHAMUD Pablo	TITANIUM	72	5:48:27	5:48:22	73	3:44:38	7 C	
143	DIAZ CUEVAS Javier		73	5:49:44	5:49:29	80	3:45:48	31 A	
373	ALVARGONZALEZ SUAREZ Iñigo	DE SUANCES NIN	74	5:49:57	5:49:49			8 C	





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Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
218	SAN EMETERIO FERNANDEZ Chem	INDEPENDIENTE	75	5:50:05	5:49:59	87	3:50:13	34 B	
371	DEL AMO CAJIGAS Jose Manuel	AT. VILLA DE CABEZON	76	5:50:31	5:49:48	64	3:40:28	9 C	
289	FERRERA GONZALEZ Mar	TRBSPORTS	77	5:51:19	5:50:56	117	4:00:45	2 F	M
107	SANTIAGO ANDRES Adrian		78	5:54:18	5:53:32	61	3:39:55	35 B	
264	CALVO MARTINEZ Francisco		79	5:54:20	5:54:12	79	3:45:45	32 A	
212	FERNANDEZ RAMOS Beatriz		80	5:54:35	5:54:22	103	3:57:24	3 F	M
358	ORTEGA PIRIS Pedro Luis	CORRIENDOENSANTANDER	81	5:54:49	5:54:34	102	3:54:45	36 B	
266	PEREZ FUENTE Juan Manuel	CLUB ATLETICO CORRALES	82	5:55:30	5:55:23	82	3:46:13	33 A	
234	RABAGO COSIO Manuel Angel		83	5:55:48	5:55:43	88	3:50:51	37 B	
132	CALDERON MANTILLA Jose Migue	TRES MARES-LA MILANA	84	5:57:17	5:57:17	86	3:49:55	38 B	
284	QUEVEDO AJA Noel		85	5:57:59	5:57:32	84	3:46:55	34 A	
178	NOVAL GUTIERREZ Leandro		86	5:58:14	5:57:28	97	3:53:55	35 A	
352	ORTIZ GARCIA Fernando		87	5:59:56	5:59:12	94	3:52:43	39 B	
73	URIARTE G-ETXABE Mikel		88	6:00:05	5:59:44	95	3:53:22	40 B	
231	BATALLER HERNANDEZ Alejandro	C.A. CENT-CAMES	88	6:00:05	5:59:38	92	3:52:05	41 B	
409	BUERES CUETO Ernesto	AVIENTU CENTENO	90	6:00:45	6:00:28	90	3:51:30	10 C	
344	TORIO CASTAÑEDA Sergio	SOCIEDAD DEPORTIVA TORRELAVEGA	91	6:02:55	6:02:40	78	3:45:29	36 A	
360	GOMEZ COBO David		92	6:03:03	6:02:50	126	4:02:12	37 A	
296	RUIZ RUIZ Oscar	BOSCH BUELNA	93	6:04:23	6:04:10	100	3:54:38	38 A	
54	LOPEZ MARTINEZ Ivan Tino	TRIATLON PALENCIA	94	6:04:53	6:04:49	89	3:51:22	42 B	
216	PEREZ LANZA Jose Maria	MARAS	95	6:04:58	6:04:39	118	4:00:59	11 C	
80	CABALLERO MARTINEZ Tomas	C.M. FUENTES CARRIONAS	96	6:05:03	6:04:24	150	4:09:21	43 B	
369	DIAZ GIMENEZ Adrian		97	6:05:20	6:04:55			39 A	
227	RIO LLORENTE Javier	LA FRANCA RUNNING	98	6:06:20	6:06:18	132	4:03:29	44 B	
170	CASO AGUIRRE Aitor	CALIPLADUR	99	6:06:48	6:06:19	67	3:40:58	40 A	
384	HERRERO IGLESIAS Luis		100	6:07:03	6:06:23	123	4:01:45	12 C	
161	MOLLEDA GONZALEZ Jaime		101	6:07:17	6:06:56	130	4:02:57	45 B	
290	MOLLEDA GONZALEZ Jose Luis		101	6:07:17	6:06:56	129	4:02:56	13 C	
393	LOSADA MANGANA Higinio	CD 42195.ES	103	6:08:01	6:07:40	99	3:54:09	46 B	
17	SANCHEZ DE LA TORRE Antonio		104	6:08:12	6:06:14	116	4:00:35	41 A	
362	BRIANSO CARCAMO Carlos	AVIENTU	105	6:08:13	6:07:39	136	4:05:51	14 C	
353	DIAZ GOMEZ Jaime		106	6:09:41	6:09:04	101	3:54:44	47 B	
276	MATE RODRIGUEZ Jose Maria		107	6:09:52	6:08:43	141	4:06:59	48 B	
181	HERRERO GONZALEZ Manuel		108	6:10:44	6:10:17	77	3:44:49	42 A	
158	URRACA TEJERINA Diego		109	6:11:32	6:11:14	49	3:34:51	43 A	
90	SOTRES SANCHEZ Jose Antonio		110	6:12:12	6:12:03	124	4:02:00	49 B	
309	DIAZ DE LA CAMPA GOMEZ Tomas		111	6:12:23	6:10:34	96	3:53:38	44 A	





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Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
84	SEDANO CELIS Luciano	ALCAPARRAS	112	6:12:29	6:12:13	160	4:12:43	15 C	
265	MARCOS MARCOS Manuel Francisco		113	6:12:41	6:12:40	131	4:03:28	16 C	
345	GOMEZ GARCIA Isidro	LIEBANA	114	6:13:18	6:12:52	105	3:58:19	50 B	
346	GOMEZ GARCIA Jose Antonio	LIEBANA	114	6:13:18	6:12:52	106	3:58:21	17 C	
109	MENDEZ-NAVIA GOMEZ Roberto	ASTUR-VERTICAL	116	6:14:03	6:14:03	47	3:33:33	51 B	
268	ROBLES NAVAMUEL Jose Carlos	JCPH	117	6:14:08	6:13:52	112	4:00:04	52 B	
261	DE LA FUENTE DOMINGUEZ Nacho		118	6:15:03	6:15:03	91	3:51:48	18 C	
232	OBREGON SANTAMARIA Borja	R.S. TENIS	119	6:15:20	6:15:19	151	4:09:22	53 B	
382	COSIO FRAGUEIRO Daniel	INDEPENDIENTE	120	6:15:30	6:15:28	139	4:06:21	19 C	
32	RODRIGUEZ GOMEZ Jesus David		121	6:15:56	6:15:35	141	4:06:59	54 B	
301	PIRIZ MATO Francisco Javier		122	6:16:42	6:16:16	120	4:01:05	45 A	
333	COLIO SAIZ Jose		123	6:16:43	6:16:17	148	4:08:26	2 D	
145	GUTIERREZ GOMEZ Alberto		124	6:17:17	6:16:30	133	4:04:13	46 A	
245	LAMO MOLINA Juan Antonio	CLUB ATLETISMO VILLA DE CABEZON	125	6:17:22	6:16:45	144	4:07:28	20 C	
195	GUTIERREZ GUTIERREZ Jose Vidal		126	6:18:12	6:17:59	176	4:18:12	47 A	
388	MARTÍNEZ ANTUÑA José Blas	AVIENTU-CENTENO	127	6:18:43	6:18:37	181	4:20:07	55 B	
206	FERNANDEZ LOREIRO Raul	AVIENTU CENTENO	127	6:18:43	6:18:08	111	3:59:41	56 B	
95	PEREZ GARCIA Nuria	SOCIEDAD DEPORTIVA TORRELAVEGA	129	6:20:27	6:19:43	149	4:09:02	1 E	M
295	CUEVAS GONZALEZ Isaias	SOCIEDAD DEPORTIVA TORRELAVEGA	130	6:20:42	6:20:28	138	4:06:16	57 B	
211	GARCIA SERRANO Fabio		131	6:20:43	6:20:27	143	4:07:03	58 B	
367	GARCIA PESQUERA Jose Maria	TRAGALEGÜAS BURGOS	132	6:20:59	6:20:27	145	4:07:31	59 B	
71	RUCANDIO GOMEZ Eduardo	CLUB ALPINO PICO TRES MARES - LA MILA	133	6:21:39	6:21:31	125	4:02:05	48 A	
370	RODRIGUEZ IGLESIAS Carlos	BTT LA ROBLEDA	134	6:22:17	6:21:58	122	4:01:30	60 B	
315	CASO RUIZ Jose Luis	CANICROSS CORRECANINOS	135	6:22:30	6:22:18	147	4:08:11	61 B	
241	ALDA CASTRO Christian		136	6:24:39	6:24:39	134	4:04:35	49 A	
4	VAZQUEZ HERRERA Jose Ignacio		137	6:24:41	6:24:28	137	4:05:54	50 A	
404	MESONES CONCHA Ruben	CLUB DEPORTIVO TORRELAVEGA	137	6:24:41	6:24:29	128	4:02:37	51 A	
114	JIMENEZ FRIAS Manuel	TIERRA TRAGAME	139	6:24:52	6:24:24	172	4:17:26	52 A	
349	FUENTEVILLA TORRE Jose Maria		140	6:25:28	6:25:00	163	4:13:07	62 B	
323	SANCHEZ GARCIA Fernando		141	6:26:09	6:26:07	120	4:01:05	53 A	
356	FERNANDEZ PALICIO Nicolas	AVIENTU CENTENO	142	6:26:43	6:26:09	159	4:12:31	63 B	
198	DEL RIEGO SAN JUAN Alberto		143	6:26:44	6:26:19	208	4:28:48	64 B	
148	SETIEN CAGIGAS Maximino F. Javier		143	6:26:44	6:26:20	154	4:10:36	21 C	
160	CAGIGAS VELARRA Jesus	SIN CLUB	145	6:27:03	6:27:02	140	4:06:27	65 B	
141	ROCILLO VILLEGAS Ignacio	AURESA AMIGOS DEL DEPORTE	146	6:27:25	6:27:15	107	3:59:10	66 B	
374	FUICA OCHOA Raul	CLUB ATLETICO LAREDO	147	6:27:26	6:27:16	119	4:01:00	67 B	
283	CENDOYA GOMEZ Javier		147	6:27:26	6:27:16	108	3:59:15	22 C	





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128	LAVIN LASTRA Roberto		149	6:27:55	6:27:53	135	4:05:29	68 B	
106	CUEVAS MARTINEZ Mario	RIMARSAN ELECTRICIDAD SOLARES	150	6:28:18	6:28:06	175	4:17:56	54 A	
320	NIETO GARCIA Luis Felipe	EL ARGAYU	151	6:28:24	6:28:04	157	4:11:24	69 B	
200	MAESTRO RAMOS Carlos	C.M .SIEMPRE SEJOS	152	6:29:17	6:29:16	162	4:13:04	23 C	
318	RIO RODRIGUEZ Victor Jesus	ULTRAFONDO CANTABRIA	153	6:29:18	6:29:02	164	4:13:16	70 B	
226	SAÑUDO COBO Jose Ramon		154	6:29:51	6:29:26	158	4:11:40	71 B	
155	DEL RIO LOPEZ Jesus	CLUB ALPINO TAJAHIERRO	155	6:29:55	6:29:27			72 B	
238	TERAN GONZALEZ Manuel		156	6:30:07	6:29:45	180	4:20:01	55 A	
259	PEREZ RUEDA Felipe	C.D.CORRECAMINOS	157	6:30:41	6:30:04	166	4:15:06	56 A	
111	SAINZ DIEGO Miguel Angel		158	6:30:49	6:30:12	179	4:19:58	57 A	
213	SAIZ MONS Hector	GM ORZA	159	6:32:42	6:32:29	161	4:12:59	73 B	
11	RABAGO FACES Jose Ramon (cach)	GRUPO MONTAÑA PICU LA TORRE	160	6:32:55	6:32:50	184	4:21:15	2 D	
110	GARCIA DE PAREDES PEREZ Segisn	G.M. CABRALES	161	6:35:00	6:34:29	177	4:18:18	58 A	
103	FERNANDEZ LOPEZ Javier	CDM CABRALES	162	6:35:01	6:34:29	178	4:18:31	59 A	
324	RUIZ FERNANDEZ Aaron		163	6:35:29	6:35:26	169	4:16:01	60 A	
214	SANTAMARIA CLEMENTE Antonio	TRIATLON PISUERGA	164	6:36:46	6:36:45	202	4:26:32	61 A	
292	VIELLA MONTALBAN Jose Luis	BOMBEROS SANTANDER	165	6:37:14	6:37:02	182	4:20:20	62 A	
383	CASTRO DIAZ Gustavo		166	6:37:39	6:37:09	190	4:23:40	74 B	
385	PEREZ SAN ROMAN Alvaro		167	6:37:40	6:37:17	156	4:11:17	63 A	
272	PEREZ UBIERNA Francisco		168	6:38:34	6:38:27	167	4:15:49	3 D	
201	ACEBO SANTAMARIA Francisco	MTB TORRELAVEGA	169	6:39:21	6:39:03	171	4:17:24	75 B	
167	GARCIA ARANGUENA Luis	TREPARRISCOS	169	6:39:21	6:38:48	212	4:30:06	24 C	
94	PALACIO GONZALEZ Arancha	SOCIEDAD DEPORTIVA TORRELAVEGA	171	6:39:30	6:38:46	183	4:21:07	4 F	M
257	RODRIGUEZ FERNANDEZ Rafael		172	6:40:15	6:39:33	197	4:25:39	64 A	
311	GONZALEZ GOMEZ Sise	ADC. PROAÑO	173	6:41:04	6:41:04	192	4:24:08	3 D	
316	PEDREGOSA GOMEZ Emilio Jose	A. D. MONTEDOBRA	174	6:42:01	6:41:45	189	4:23:33	76 B	
217	SANCHO SAYALERO Mikaela	MARAS	175	6:43:22	6:43:04	153	4:09:45	5 F	M
338	MARTINEZ RENEDO Chema	INDEPENDIENTE	176	6:43:37	6:43:16	207	4:27:58	4 D	
271	GONZALEZ ESCOBEDO Jeronimo	GM ORZA	177	6:44:13	6:43:57	200	4:26:21	25 C	
312	FERNANDEZ LOPEZ Mario	INDEPENDIENTE	178	6:44:16	6:44:01	198	4:25:53	65 A	
175	GARCIA PEREZ Alberto	MARAS	179	6:44:37	6:44:18	174	4:17:44	77 B	
328	GOMEZ CABO Alberto	ATLETICO SORRAVIDES	180	6:45:24	6:44:42	213	4:30:18	66 A	
112	GOMEZ OVIEDO Balbino	INDEPENDIENTE.	181	6:45:56	6:45:34	115	4:00:30	78 B	
196	BOLADO CASTAÑERA David	FRACKING NO	182	6:46:21	6:46:19	195	4:24:15	79 B	
164	ARTO HOYOS Josafat	INDEPENDIENTE	183	6:47:01	6:46:55	224	4:32:24	67 A	
133	DE LUIS RUIZ Juan Carlos	PICO TRESMARES-LA MILANA	184	6:47:05	6:47:04	152	4:09:37	80 B	
253	FERNANDEZ MENENDEZ Melchor		185	6:47:07	6:46:59	219	4:31:18	68 A	





LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
173	GOMEZ BARRAL Jose	TXARLAZO MEDI TALDEA	186	6:47:36	6:45:13	170	4:16:33	26 C	
100	TORAL MATEO Javier		187	6:47:45	6:42:56	173	4:17:37	69 A	
254	GAVILA VALLS Susana		188	6:47:47	6:47:34	204	4:27:07	6 F	M
22	DOPAZO LOPEZ Koldo		189	6:48:33	6:48:29	215	4:30:30	70 A	
310	RENEDO LLANO Javier		190	6:49:27	6:48:42	185	4:21:57	71 A	
188	GARCIA FIGAREDO Alejandro		190	6:49:27	6:48:59	185	4:21:57	72 A	
27	GOMEZ FERNANDEZ Ivan		192	6:49:39	6:49:17	155	4:11:07	73 A	
105	ARIZTEGUI GALARZA Fernando	LARRAÑETA	193	6:49:40	6:49:24	201	4:26:30	81 B	
187	PEREZ DIEGO Roberto		194	6:49:53	6:49:32	205	4:27:23	82 B	
347	ALVAREZ GARCIA Emilio	ASTURIAS ENDURERA	195	6:50:56	6:50:08	250	4:39:10	83 B	
348	BORREGO LLANEZA Ruben	ASTURIAS ENDURERA	196	6:50:57	6:50:10	249	4:39:08	84 B	
193	GUTIERREZ ABASCAL Jorge		197	6:51:25	6:51:12	187	4:22:22	85 B	
380	TORRE GONZALEZ Eugenio		198	6:51:30	6:51:30	223	4:32:09	4 D	
279	SAN EMTERIO DIAZ Aitor		199	6:51:42	6:51:20	168	4:15:57	74 A	
242	VEROZ IPARRAGUIRRE David		200	6:51:44	6:51:22	220	4:31:28	86 B	
342	ALPIZAR CHAVIANO Armando		201	6:51:49	6:51:42	218	4:31:09	75 A	
140	ABAD GUTIERREZ Tomas		202	6:52:04	6:51:41	228	4:33:06	27 C	
130	DE LA VEGA CAMPUZANO Alejand	CLUB DE MONTAÑA ORZA	203	6:52:35	6:52:12	230	4:33:13	2 E	M
378	SAIZ VAZQUEZ Santiago		204	6:54:07	6:53:23			76 A	
377	SAIZ VAZQUEZ Felipe		204	6:54:07	6:53:23	228	4:33:06	77 A	
165	SALAN NAVARRO David	L'ALCUDIA TRIATLO	206	6:56:25	6:56:01	221	4:31:42	87 B	
307	CARDENAL OTERO Cesar	CORRIENDO EN SANTANDER	207	6:56:44	6:56:24	199	4:26:10	88 B	
376	RODRIGUEZ COLLANTES Francisco	MBT	208	6:57:43	6:57:18	146	4:07:33	28 C	
108	ARISTAYETA BLAS Andres		209	6:58:24	6:58:00	188	4:23:24	78 A	
263	SOLORZANO DIAZ-OBREGON Jose Luis		210	6:58:31	6:57:46	217	4:30:46	79 A	
210	SAINZ LOPEZ Paula	ATLETICO SORRAVIDES	210	6:58:31	6:57:48	210	4:29:43	3 E	M
131	FERNANDEZ SANTAMARIA Oscar		212	6:58:32	6:58:14			89 B	
37	RODRIGUEZ RODRIGUEZ Eloy		213	6:58:36	6:58:26	232	4:33:48	90 B	
308	DIAZ LOPEZ Ricardo	TRIATLON POLANCO	214	6:59:29	6:59:29	192	4:24:08	91 B	
392	CALDERON VERDEJA Nacho	MESON LOS TINOS	215	6:59:37	6:59:33	109	3:59:28	80 A	
398	MARTINEZ MARTINEZ Miguel Angi	PAQUETAZOS	216	7:00:02	6:59:53	236	4:35:54	81 A	
28	MERINO LAVIN Emilio		217	7:00:23	7:00:19	227	4:33:01	82 A	
319	NIANG Mansour		218	7:00:57	7:00:57	196	4:24:27	83 A	
115	PUENTE LOPEZ Angel L.		219	7:01:01	6:59:03	203	4:27:03	84 A	
39	PEREZ HERAS Raul	TODOVERTICAL V+	220	7:01:03	7:00:43	222	4:31:51	92 B	
389	COBO DIAZ Isaac Manuel	GRUPO DE MONTAÑA PICU DE LA TORRE	221	7:01:13	7:00:45	226	4:32:31	29 C	
230	SANCHEZ GUTIERREZ Ruben		222	7:01:28	7:01:20	231	4:33:27	85 A	





LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
386	CRUZ PEREZ Ignacio		223	7:02:14	7:02:09	252	4:41:46	93 B	
255	OCAÑA TADEO Miguel	ARALAR MENDI	224	7:02:16	7:01:35			94 B	
247	VALCARCEL GONZALEZ Rafael		225	7:02:36	7:02:24	194	4:24:13	86 A	
278	PEREZ GONZALEZ Fernando		226	7:03:25	7:02:55	245	4:38:28	87 A	
280	PEREZ FERNANDEZ Eduardo		226	7:03:25	7:02:56	246	4:38:29	95 B	
228	ARTO HOYOS Ruben		228	7:03:30	7:03:24	225	4:32:25	88 A	
154	FERREIRA FELICES Jose Manuel	A.D.C. PUENTE SAN MIGUEL	229	7:04:59	7:04:55	214	4:30:29	96 B	
166	BARROS BARROS Eduardo		230	7:06:15	7:05:47	206	4:27:30	89 A	
136	LLATA TERAN Alberto	MOLLEDO	231	7:07:43	7:07:23	241	4:37:30	90 A	
63	ESPINOSA SANCHEZ Rosario		232	7:08:05	7:08:04	239	4:37:07	7 F	M
62	HERRERO PRIETO Pedro		233	7:08:06	7:08:05	238	4:37:04	97 B	
93	SAN MIGUEL FERNANDEZ Angel	C.A. NARKIS	234	7:08:58	7:08:23	268	4:47:22	98 B	
81	LOZANO MONTES Christian	TEAM PRO - TRAIL - EXTREME - REMOÑA	235	7:09:49	7:09:08	266	4:47:13	91 A	
394	GUTIERREZ FERNANDEZ Esteban		236	7:09:50	7:09:09	266	4:47:13	92 A	
240	COTARELO LOPEZ Raul	INDEPENDIENTE	237	7:10:15	7:10:09			99 B	
275	VILLALBA ZABALA Agustin		238	7:10:43	7:09:59	211	4:29:45	100 B	
185	BALBONTIN FERNANDEZ Silvia	PARTICULAR	239	7:11:12	7:10:38	251	4:41:07	8 F	M
208	GONZALEZ FONFRIA Sergio		240	7:13:13	7:12:39	258	4:42:51	93 A	
282	TRUEBA GUTIERREZ Manuel	ATLETISMO LIENCRES	240	7:13:13	7:13:07	287	4:53:46	101 B	
207	QUINTANA GOMEZ Javier		242	7:13:14	7:12:40	257	4:42:50	102 B	
50	BARRIO ANILLO Ignacio		243	7:14:39	7:14:34	269	4:47:30	103 B	
121	MINCHERO GARCIA Emilio		244	7:14:45	7:14:21	235	4:35:36	94 A	
78	KUDIENKO Natalie	WDMBC / SPECIALISED / RRP / BEYOND	245	7:15:20	7:15:20	244	4:38:27	4 E	M
305	RODRIGUEZ RUIZ DE SALAZAR Jest	SIN PARAR	246	7:17:38	7:17:03	256	4:42:33	95 A	
405	BARCENA TAZON Patricio		246	7:17:38	7:17:04	255	4:42:31	96 A	
304	SAIZ GARCIA Jose Angel	SELAYA CRIANAJOL	246	7:17:38	7:17:04	254	4:42:30	104 B	
341	ORIA HIERRO David	INDEPENDIENTE	249	7:17:48	7:17:22	259	4:45:01	97 A	
15	ELIZALDE PUEYO Rufino		250	7:18:05	7:17:33	264	4:45:41	105 B	
97	SANCHEZ GARRIDO David	CLUB ATLETICO NARKIS	251	7:19:39	7:19:03	233	4:33:50	98 A	
92	GARCIA REBANAL Aitor	CLUB ATLETICO NARKIS	251	7:19:39	7:19:04	234	4:33:53	99 A	
40	GUNTURIZ MARTINEZ Miguel	CD ARISTA	253	7:19:47	7:19:38	263	4:45:25	106 B	
38	MARRERO GUERRA Francisco Javier	GOFIO TEAM	254	7:19:48	7:19:39	262	4:45:23	100 A	
77	CRUZ ROBLEDO Javier		255	7:20:27	7:17:27	283	4:51:55	101 A	
76	HERNANDEZ MOYANO Juan Jesus		255	7:20:27	7:17:29	284	4:51:56	102 A	
20	DIAZ BUJAN Marta		257	7:21:36	7:21:29	277	4:50:28	9 F	M
65	DIEZ FERNANDEZ Jorge		258	7:24:08	7:19:54	276	4:49:41	103 A	
82	HUERTA GONZALEZ Mario		259	7:24:58	7:24:46	216	4:30:34	107 B	





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Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
331	FERNANDEZ HERRANZ Alvaro		260	7:25:33	7:25:23	299	4:59:07	104 A	
197	CORTAVITARTE CRUZ Daniel		261	7:25:40	7:24:55	279	4:50:40	105 A	
223	DE FRUTOS TORRES Enrique	TRAGALEGUAS	262	7:26:20	7:26:14	265	4:46:27	30 C	
219	PRUNEDA ZARATE Luis Angel		263	7:26:27	7:23:18	261	4:45:18	106 A	
209	CANO DE DIEGO Juan Luis		264	7:26:44	7:26:39	281	4:51:43	107 A	
375	CAGIGAS IBAÑEZ Jaime		264	7:26:44	7:26:39	282	4:51:44	108 A	
101	MATURANA FIGUEREDO Javier	CLUB ALPINO MADRILEÑO	266	7:26:47	7:26:13	260	4:45:11	109 A	
47	FERNANDEZ RODRIGUEZ Victor	INTELLIGENT - INTERVAL	267	7:27:03	7:26:42	273	4:47:53	108 B	
48	CLOUX GARCIA David	LEOTRAIL	267	7:27:03	7:26:42	271	4:47:46	109 B	
69	LOSA LOPEZ Ivan	TRIATLON LEON	267	7:27:03	7:26:41	274	4:48:00	110 B	
267	TAZON DIAZ Jose Fernando		270	7:27:49	7:27:13	272	4:47:47	31 C	
317	SAEZ GONZALEZ Ruben		271	7:28:12	7:27:46	286	4:53:41	110 A	
322	GONZALEZ RODRIGUEZ Jose Ramon		272	7:28:20	7:27:52	275	4:48:08	111 A	
156	EXPOSITO COLLADO Miguel Angel		273	7:28:23	7:27:37	278	4:50:38	111 B	
52	DIEZHANDINO HERRERO Francisco		274	7:29:37	7:29:34	237	4:36:15	32 C	
66	MESAHUDS PIANNO Hussein		275	7:29:52	7:25:38	290	4:54:57	112 A	
57	BAHAMONDE BERGUA Juan		276	7:29:58	7:29:22	297	4:58:26	112 B	
239	BOMBINN RUIZ Gabriel		277	7:32:26	7:32:07	285	4:52:38	113 A	
99	TRUEBA VILLENA Gustavo		278	7:32:59	7:32:53	302	4:59:33	113 B	
157	ARROYO COLINA Eloy	SPORT 101	279	7:33:11	7:32:53	310	5:07:39	114 A	
23	GOMEZ GIJON Roberto	HOSTINGCLUB TEAM	280	7:39:02	7:38:35	253	4:42:29	114 B	
403	REVENGA PEÑA Javier	ALTAI	281	7:39:23	7:39:11	209	4:29:12	115 A	
36	VAZQUEZ HIGUERA Jose Luis		282	7:39:30	7:39:22	289	4:54:40	116 A	
314	MARTIN PUENTE Alvaro		283	7:40:49	7:40:23	323	5:16:12	117 A	
104	GARCIA PIRIZ Carlos	GRUPO DE MONTAÑA EL TEJO	284	7:41:30	7:41:17	294	4:56:41	118 A	
273	FERNANDEZ DIAZ Ivan		285	7:41:55	7:41:50	280	4:50:44	119 A	
277	SAIZ GUERRA Aurelio		286	7:43:56	7:43:25	298	4:58:58	115 B	
391	CASADO HIDALGO Miguel Angel	TROTAPINARES	287	7:44:02	7:39:14	305	5:02:12	116 B	
191	DIAZ SAIZ Adrian		288	7:44:12	7:43:56	288	4:53:49	120 A	
400	CALDERON DEL VIGO Ivan		289	7:45:49	7:45:06	242	4:37:39	121 A	
401	GUTIERREZ MACHO Leonardo		289	7:45:49	7:45:08	243	4:37:52	117 B	
224	ORTIZ PEÑA Diego		291	7:45:56	7:45:38	309	5:07:37	118 B	
25	QUINTANA REBANAL Daniel		292	7:46:06	7:45:45	313	5:09:10	122 A	
169	RUIZ OJEMBARRENA Jose Alberto		293	7:49:12	7:48:48	317	5:12:32	33 C	
390	MARTINEZ GOMEZ Francisco	GRUPO MONTAÑA LAVALLE	294	7:51:33	7:51:29	301	4:59:30	119 B	
297	CANO GONZALEZ Pablo		295	7:52:17	7:51:48	303	5:01:41	123 A	
42	CICERO GARCIA Ruben		296	7:53:32	7:52:44	292	4:55:38	124 A	





LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
45	CICERO GARCIA Jaime		296	7:53:32	7:52:46	293	4:55:39	125 A	
159	PEREZ CUESTA Abel	SANITOS	298	7:54:28	7:53:56	307	5:06:45	120 B	
350	HIGUERA RUIZ Maria Encarnacion	UGT OCIO Y CULTURA	299	7:56:41	7:55:56	308	5:07:00	10 F	M
14	SERRANO PIÑA Cesar		300	7:56:57	7:56:40	300	4:59:08	126 A	
118	GUTIERREZ REBANAL Miguel		301	7:57:09	7:56:38	311	5:07:48	127 A	
203	CAMPESINO ALVAREZ Pedro Nicolas		302	7:57:18	7:56:49	291	4:55:18	128 A	
24	TORRADO MARTIN David		303	7:57:28	7:56:45	270	4:47:36	121 B	
364	SAÑUDO MONCADA Fernando	AA POPULARES	304	7:58:35	7:58:24	304	5:02:08	5 D	
260	ROMERO DEL VALLE Jose Angel		305	8:00:34	8:00:00	306	5:05:26	122 B	
285	MONTES PEREZ Luis Enrique	TEJAS TRAIL	306	8:01:32	8:01:16	322	5:14:54	123 B	
302	RODRIGUEZ CADAVIECO Desiree		307	8:03:02	8:03:00	312	5:07:57	11 F	M
64	CABELLO VALLES Miguel		308	8:03:11	8:02:50	295	4:57:54	129 A	
144	PEREZ COTERILLO David		309	8:05:37	8:05:01	314	5:10:51	124 B	
249	HYMUS Susan	-	310	8:06:28	8:05:42	326	5:19:36	12 F	M
98	GOMEZ AGINAGA Jabier		311	8:07:05	8:05:24	321	5:14:23	125 B	
151	REY CANIVE Jose Mª	OSTRUKA	311	8:07:05	8:05:35	319	5:14:12	34 C	
321	FERNANDEZ FERRERAS Ramon	INDEPENDIENTE	313	8:07:52	8:07:10	315	5:10:55	35 C	
351	DIAZ DAPENA Arturo		314	8:10:22	8:09:36	330	5:26:44	126 B	
176	DIAZ CINCUNEGUI Clara		315	8:10:55	8:10:27	332	5:28:48	5 E	M
337	VILLALTA SEVILLA Leticia	SANITOS	315	8:10:55	8:10:25	333	5:28:50	6 E	M
182	DIAZ CAYON Israel		317	8:14:53	8:14:22	324	5:16:17	127 B	
168	LARRUZEA MURGA Luis Mª	OSTRUKA	318	8:16:48	8:15:07	320	5:14:20	5 D	
75	PEREZ MARTINEZ Luis Alberto		319	8:24:33	8:24:16	325	5:16:18	128 B	
137	RODRIGUEZ FERNANDEZ Ricardo	C.C. HELMANTIBIKE	320	8:29:34	8:28:23	335	5:28:59	36 C	
96	MARTIN QUIJANO Alvaro		321	8:30:33	8:30:10	331	5:27:22	130 A	
299	ALVARO MENDEZ Pedro Jose		322	8:32:42	8:32:10	327	5:19:55	131 A	
343	CASANUEVA MARTIN Alberto		322	8:32:42	8:32:10	328	5:20:00	132 A	
152	CASANUEVA MARTIN Alvaro		322	8:32:42	8:32:09	329	5:20:14	133 A	
1	MARCOS MARCOS Manuel	LEONMAR46@GMAIL.COM	325	8:33:43	8:33:11			37 C	
332	MERCHAN MORANTE Ismael		326	8:34:14	8:34:02	318	5:12:38	134 A	
150	DEL CERRO REDONDO Ignacio	TRITOLEDO	327	8:34:22	8:33:46	339	5:34:29	129 B	
243	LOPEZ BLANCO Sergio		328	8:34:42	8:34:01	341	5:44:36	135 A	
59	CAMPOS CASTELLANO Curro		329	8:39:03	8:38:24	337	5:33:33	38 C	
357	HERNANDEZ LAVADO Luis	VILLA DE CABEZON	330	8:39:55	8:39:45	316	5:12:27	39 C	
252	HERNANDEZ GORRITI Jose Angel	TROTAPINARES	331	8:40:02	8:35:26	344	6:07:03	130 B	
51	VARGAS GALVEZ Rafael	C.C. VALTUEÑA	332	8:40:52	8:37:03	334	5:28:57	131 B	
171	DIEZ ROLDAN Norberto		333	8:44:31	8:44:10	336	5:32:32	40 C	





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Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
124	OLMEDO LOZANO Jorge	ATLETISMO PARQUESPORT	334	8:44:33	8:39:45	248	4:38:53	132 B	
192	DIEZ GARCIA Fernando	NINGUNO	335	8:51:41	8:51:11	338	5:34:28	136 A	
220	GUTIERREZ CACHO Jose Luis		336	8:55:40	8:55:09	340	5:42:58	133 B	
120	MENESES BADALA Ismael		337	8:55:44	8:55:20	296	4:58:20	137 A	
174	SAN MIGUEL ESPESO Fernando	TEAM PRO-TRAIL-EXTREME REMOÑA	338	9:12:37	9:11:58	342	5:53:19	134 B	
205	DIAZ LOPEZ Blas	FERRETERIA "LA PLAZA" SELAYA	339	9:17:30	9:16:57			135 B	
125	GUTIERREZ MONTERO Victor		340	9:30:45	9:30:45	345	6:14:59	136 B	
41	GARCIA OLIVERO Manuel Alejandr	GOFIO TEAM	341	9:45:46	9:45:37	343	6:07:01	137 B	
49	PRADA SOTILLO David	CLUB DE MONTAÑA LA CORDADA	342	9:48:00	9:47:20	347	6:22:12	138 B	
34	SAIZ RODRIGUEZ Israel		342	9:48:00	9:47:21	347	6:22:12	139 B	
406	BALBAS GUTIERREZ Leopoldo	AJDC CASTILLO SPORT 1922	344	9:52:32	9:51:13	346	6:16:06	140 B	
303	CAMPA MONTES Alberto	AVIENTU	345	11:10:36	11:05:25	350	7:50:39	141 B	
142	USAQUI SANTE Veronica Nancy		346	11:22:19	11:22:10	349	7:21:11	13 F	M
46	ALONSO VALLE Hector	INDEPENDIENTE	347	12:23:07	12:22:18	351	7:54:23	142 B	





LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
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LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
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LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
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LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
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LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
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LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
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LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo
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LOS 10.000 DEL SOPLAO



Dorsal	Nombre	Club	Pto	Tiempo	T. Real	P1	La Cotera	Cat.	Sexo

